St. Ignatius 1826 Cumber Rd. Ubly, MI 48475

St. John 4476 N. Washington St. Ubly, MI 48475



St. Joseph 4940 Ubly Rd. Argyle, MI 48410

St. Columbkille 3031 McAlpin Rd. Ubly, MI 48475

MASS SCHEDULE

TUESDAY (1st & 3rd of the month)

3:30 p.m..... Meadow Lane, Bad Axe

WEDNESDAY

11:30 a.m. Parish Center Chapel

THURSDAY

7:00 p.m..... St. Columbkille

FRIDAY

9:00 a.m.... St. John Adoration following Mass

SATURDAY

4:00 p.m.... St. John

SUNDAY

8:30 a.m. St. Joseph 10:30 a.m. St. Columbkille

RECONCILIATION

WEDNESDAY

11:00 a.m. - 11:20 a.m. Father's Office

THURSDAY

After 7:00 p.m. Mass St. Columbkille

FRIDAY

After 9:00 a.m. Mass St. John

SATURDAY

3:30 p.m..... (Ask Fr. at door) St. John

OFFICE HOURS

MONDAY, TUESDAY, WEDNESDAY, THURSDAY: (CLOSED FRIDAY)

8:30 a.m. - 3:30 p.m.

OFFICE PHONE: 989-658-8824 RECTORY PHONE: 989-658-8145

FATHER NATE HARBURG, Pastor

Tuesday – Thursday: 1:30 p.m. – 3:30 p.m. *nharburg@diosag.org*

LORI UHL, Secretary/Bookkeeper luhl@goodshepherd.diosag.org

DAWN STEWART, Coordinator of Faith Formation/Youth Ministry dstewart@goodshepherd.diosag.org



Photo: Fr. Harburg National Shrine of Mary, Queen of the Universe, Orlando, Florida

Jesus, Mary,
and Joseph,
I love you!
Save souls!

DIOCESAN MISSION STATEMENT

Trusting in the Holy Spirit and nourished by the Eucharist, we, the faithful of the Diocese of Saginaw, are companions on the journey to share the love of Jesus Christ.

NEW BULLETIN DEADLINE: Tues. at 12:00 p.m.

bulletin@goodshepherd.diosag.org WEBSITE: goodshepherdubly.com

FACEBOOK: fb.me/goodshepherdubly

FLOCKNOTE UPDATES:

Text BESTSHEPHERD to 84576

MAILING ADDRESS:

4470 N. Washington St., Ubly, MI 48475

March 10, 2024 Fourth of Sunday of Lent



CANCELLATIONS THIS WEEK: No Thursday Evening Mass

Stations of the Cross

Wednesdays 7:30pm at St. Columbkille Thursdays 7:00pm at St. John

Mass Readings for the Week

Mar 11 Mon: Lenten Weekday

Is 65: 17-21/ Ps 30: 2 and 4. 5-6. 11-12a and 13b/ Jn 4: 43-54. Optional for any day this week: Mi 7: 7-9/ Ps 27: 1. 7-8a. 8b-

9abc. 13-14/ Jn 9: 1-41

Mar 12 Tue: Lenten Weekday

Ez 47: 1-9. 12/ Ps 46: 2-3. 5-6. 8-9/ Jn 5: 1-16

Mar 13 Wed: Lenten Weekday

Is 49: 8-15/ Ps 145: 8-9. 13cd-14. 17-18/ Jn 5: 17-30

Mar 14 Thu: Lenten Weekday

Ex 32: 7-14/ Ps 106: 19-20. 21-22. 23/ Jn 5: 31-47

Mar 15 Fri: Lenten Weekday. Day of abstinence from meat

(age 14 and up).

Wis 2: 1a. 12-22/Ps 34: 17-18. 19-20. 21 and 23/Jn 7: 1-2.

10. 25-30

Mar 16 Sat: Lenten Weekday

Jer 11: 18-20/ Ps 7: 2-3. 9bc-10. 11-12/ Jn 7: 40-53

Mar 17 SUN: FIFTH SUNDAY OF LENT. Third Scrutiny of the

Elect.

Scrutiny: Ez 37: 12-14/ Ps 130: 1-2. 3-4. 5-6. 7-8/ Rom 8: 8-11/ Jn 11: 1-45. Otherwise: Jer 31: 31-34/ Ps 51: 3-4. 12-13. 14-15

(12a)/ Heb 5: 7-9/ Jn 12: 20-33

In This Sunday's Readings

"For God so loved the world that he gave his only Son..."

-John 3:16

There is no measure or comparison to the gift that God gave us in the form of his son. In gratitude for that amazing gift, God asks that we use our other God-given gifts of talent and time and financial blessings and to serve others.

Rosaries

Join us for the Rosary 20 minutes before each weekend Mass: 3:40pm at St John 8:10am at St Joseph 10:00am at St Columbkille

Weekly Stewardship of Treasure

Let Us Give Thanks!

Total Weekend Sacrificial Giving \$551.00 Includes Loose of \$6436 Envelopes Used: 129

***Christ's Mission Appeal - NEW GOAL ***

The Finance Office made adjustments to the overall diocesan target. Our new CMA assessment for 2023/24 was reduced to \$53,612.00

As of February 29, 2024, our donations/pledges are at \$46,620.00

Thank you for your sacrificial gifts!

Mass Intentions: March 9 & 10

Saturday, St. John: + Sandy Peplinski Sunday, St. Joseph: +George Romzek Sunday, St. Columbkille: Good Shepherd Parishioners

Mass Intentions: March 16 & 17, 2024

Saturday, St. John: Poor Souls in Purgatory Sunday, St. Joseph: Shirley, Willard, David Kroetsch Sunday, St. Columbkille: Good Shepherd Parishioners

Ministry Schedule

Counters of "Stewardship of Treasure" (Offerings):
March 11: Rose Maikrzek, Luci Kubacki, Diana Briolat

March 18: Carol Beaudin, Ann Ypma

March 25: Charlotte Baker, Carol Beaudin, Kathy Beaver

4:00pm Mass: Saturday, March 16th at St John

Lector: Jeanne Gusa

EMHC: David Eilers, Martin Kubacki

Altar Server: Volunteer Sacristan: David Eilers

Ushers: Whitey Pawlosky, Allen Peruski, Corey Kubacki

8:30am Mass: Sunday, March 17th at St Joseph

Lector: Lynn Talaski

EMHC: Denise Kubacki, Paul Deo

Altar Server: Paul Guza Greeter: Lisa Briolat

Sacristan: Steve & Lisa Briolat
Ushers: Kevin Hessling, Steve Briolat

10:30am Mass: Sunday, March 17th at St Columbkille

Lector: Beth VanErp

EMHC: Michelle Banky, Jeremy Roth, Joe Flannery, Jerry &

/alerie Fischer

Altar Servers: Broden Peruski, Sadie Fischer **Greeters:** Kempisty Family, Paige Sweeney

Gift Bearers: Klee Family

Ushers: Dan Creguer, Myah Peruski, Canden Peruski

Faith Formation for All Ages

Faith Formation for Children (PreK-9):

St. John Ubly: Wednesdays 3:15-5pm St. Columbkille: Wednesdays 6-7:30pm

Next Youth Mass: March 24, 2024- St. Columbkille- 10:30am

Next Family Night: April 3rd - Dinner at 5:30pm

Youth Group (7-12 grade): Sundays (except 1st & 5th) 5-8pm at Parish Center- *check with Dawn for schedule changes*Faith Formation for Adults: Bible Study: contact Valerie

Fischer 989-553-3088

Haiti Project Update

From 6/19/2023 to 2/27/2024, volunteers have made 991 girls dresses, 1043 pairs of boys' shorts, 25 hand quilted sleeping pads, and 9 donated sun hats. We continue to sew for the next shipment. Thank you to all worked so hard to make this possible. To date we have made and donated 294 plastic mats out of plastic bags for the homeless to sleep on. This project meets on Tuesday mornings at the parish center for a few more weeks.

Knights of Columbus Ubly/Sheridan Council #12850

All meetings are at 7:00pm at the Parish Center on the Second Wednesday of the month. We are always looking for New Members – call Jeff Maurer @989-553-4224. Our <u>food</u> <u>pantry</u> is available for anyone in need, located in Ubly. This is confidential and anonymous – Call Jerry @989-550-9664. Jeff Maurer - Grand Knight - Ubly/Sheridan Council #12850

Christian Mothers Meeting

Good Shepherd Christian Mothers and Women, Our next meeting is Tuesday March 12, 2024 6:30 pm at the Parish Center. Several topics on the agenda to discuss, hope you can be there to share your thoughts.

Thank you to everyone who continues to help out with our projects. I so enjoy sharing these times together! Hope to see all of you on March 12!

-Cathy Stacer, President

Grief Retreat

The Catholic Diocese of Saginaw 1-Day Spiritual Retreat Emmaus Ministry for Grieving Parents Whose Children of Any Age Have Died by Any Cause, No Matter How Long Ago Saturday March 16, 2024 at Good Shepherd Parish in Ubly OR April 6 at Holy Spirit Church in Saginaw Call Beth 989-797-6655 to register or go to www.emfgp.org

Lost Items

At each church we have a lost and found. If you have lost gloves, scarves, or jewelry, please check the lost and found, contact the office, or check with the ushers.

Choir Practice

There will be choir practice for the Good Friday and Easter Virgil on Monday, March 11th at 5:30pm at St. John Church. All are welcome to join! For more information contact Carmen Messing at 989-551-2167

2024 Lenten Season Schedule

Opportunities to Encounter Jesus

March 17th-Lenten Communal Penance Service

2:30pm-St. John, Ubly- prayer service + individual confessions with multiple priests available

March 24th - Lenten Speaker

After 10:30 Mass at Columbkille, Catholic Evangelist Keri Tarrant from Saginaw will prepare our hearts for Holy Week with her joy and enthusiasm for Jesus and Mary

March 27th - Faith Formation: Holy Week Retreat

6-7:30pm at St. John

March 28th - Holy Thursday

7:00pm - St Columbkille

March 29th - Good Friday

2:00pm - St John

March 30th - Holy Saturday

8:30 pm Vigil - St John

March 31st - Easter Sunday

8:30 am – St Ignatius, Freiburg 10:30am – St Columbkille

Right to Life Dinner

The Huron County Right to Life is sponsoring its annual spring dinner on Friday, March 22nd, from 7pm-9pm at the Bad Axe Knights of Columbus Hall. Doors open at 6:30pm. Hear from a woman who was conceived in rape and how she views life. Register today by mailing in the flyer with your check. The flyer can be found on our website: huronrtl.org. Fr. Nate is hoping to fill a table of parishioners!

Ruth Knights of Columbus Euchre Party

Sunday, March 10th Ruth Knights of Columbus Hall at 1pm. Cash prizes and Hot Lunch Included. Admission is \$6.00 Come Join Us!

Ubly Fox Hunters Fish Fry

Friday, March 15th, 3:30-7:30pm \$15 for adults, 12 and under \$5, 5 and under free Dine in, or call 989 269-9382 to order take out

Our Parish Exists Because...

God Wants His World Back!

Dear Saint-in-the-Making, Blessed Lent! "Thank You heavenly Father for providing Fr. Bob Schikora to cover weekend Masses while I was on my annual retreat!" I asked him to preach on Commandment/Gift #3 and #4. Here is what the official "Compendium (summary) of the Catechism" says about these amazing gifts... (vatican.va/archive/compendium_ccc/documents/archive_2005_compendium-ccc_en.html)

#3: REMEMBER TO KEEP HOLY THE LORD'S DAY 450. Why did God "bless the Sabbath day and declare it sacred" (Exodus 20:11)?
God did so because on the Sabbath day one remembers God's rest on the seventh day of creation, and also the liberation of Israel from slavery in Egypt and the Covenant which God sealed with his people.

452. For what reason has the Sabbath been changed to Sunday for Christians?
The reason is because Sunday is the day of the Resurrection of Christ. As "the first day of the week" (Mark 16:2) it recalls the first creation; and as the "eighth day", which follows the sabbath, it symbolizes the new creation ushered in by the Resurrection of Christ...

453. How does one keep Sunday holy?
Christians keep Sunday and other days of obligation holy by participating in the Eucharist of the Lord and by refraining from those activities which impede the worship of God and disturb the joy proper to the day of the Lord or the necessary relaxation of mind and body. Activities are allowed on the Sabbath which are bound up with family needs or with important social service, provided that they do not lead to habits prejudicial to the holiness of Sunday, to family life and to health.

454. Why is the civil recognition of Sunday as a feast day important?

It is important so that all might be given the real possibility of enjoying sufficient rest and leisure to take care of their religious, familial, cultural and social lives. It is important also to have an opportune time for meditation, for reflection, for silence, for study, and a time to dedicate to good works, particularly for the sick and for the elderly.

#4: HONOR YOUR FATHER AND YOUR MOTHER 455. What does the fourth commandment require? It commands us to honor and respect our parents and those whom God, for our good, has vested with his authority.

456. What is the nature of the family in the plan of God?

A man and a woman united in marriage form a family together with their children. God instituted the family and endowed it with its fundamental constitution. Marriage and the family are ordered to the good of the spouses and to the procreation and education of children. Members of the same family establish among themselves personal relationships and primary responsibilities. In Christ the family becomes the domestic church because it is a community of faith, of hope, and of charity.

459. What are the duties of children toward their parents?

Children owe respect (filial piety), gratitude, docility and obedience to their parents. In paying them respect and in fostering good relationships with their brothers and sisters, children contribute to the growth in harmony and holiness in family life in general. Adult children should give their parents material and moral support whenever they find themselves in situations of distress, sickness, loneliness, or old age.

461. How are parents to educate their children in the Christian faith?

Parents do this mainly by example, prayer, family catechesis and participation in the life of the Church.

May God richly bless you this week! To Jesus through Mary, Fr. Nate

FATHER/SON SEMINARY TRIP!

Join Fr. Andy LaFramboise to tour Sacred Heart Major Seminary in Detroit April 6th, 8am-5:30pm

- Meet at the Cathedral in Saginaw for 8am Mass. Carpooling to Seminary after Mass.
- Young men in 6th-12th grade and their dads (or grandpa, godfather, uncle, etc.)
- Tour of seminary
- Talk by one of Saginaw's Seminarians,
 Michael Kuehne
- Lunch will be provided
- Ending the afternoon with a visit to the Solanus Casey center in Detroit

To sign up e mail: stephie2600@gmail.com by March 23

11 Things That Happen When You Commit to Going to Confession More Regularly

By Ruth Kennedy; https://catholic-link.org/11-things-commit-confession-regularly/

As Catholics, we are required to go to Confession once a year, but why stop there? We know Confession can be daunting or difficult, and there might be many reasons why you don't want to go. However, regular Confession, whether it be monthly, every two weeks, or weekly, doesn't have to be scary. In fact, it is life changing and life giving! Here we share 11 amazing things that happen when you go to Confession more often.

1. You Gain a Healthy Knowledge of Your Sin

Regular Confession helps you recognize the little sins as well as the big, dramatic ones. You can see patterns, you can identify seams of weakness. You can pinpoint attitudes, not just actions, that are damaging. Rather than Confession being a once-a-year-momentous shot of grace (which we still encourage!), regular Confession truly allows you to dig deep and get to the root of long-standing habits of sin.

2. You Are More Compassionate with Others' Shortcomings

When you are aware that you commit the same sins again and again, you become far more accepting of other people's failings. The annoying person in the office, the sibling you always argue with, the student you teach that winds you up. All become humanized again. You recognize you have your failings, they have theirs. Like you, they probably have a myriad of different and painful reasons as to why they behave as they do. You are no better than them. They are no better than you.

3. You Can Begin to Forgive Others – Especially Deep Wounds

I'm not suggesting that this one happens immediately, but I have noticed that an increase in regular Confession has helped me begin to find forgiveness for some very painful wounds in my life. When we realize that we ourselves draw comfort and solace from Christ on the Cross, we realize that we don't get to decide who receives the mercy that comes from Jesus' sacrifice. When we really love Jesus, we would never wish His sacrifice to be in vain. We can therefore put the act of forgiveness over those we hate into His hands, setting ourselves free in the process.

4. You Get to Experience a Wide Range of the Church's Ministry

If possible, it is a really good habit to try and seek out a good priest who you can see regularly for Confession. This way he can get to know you and help you see patterns and attitudes over time. However, making the habit of regular Confession means that you're more likely to feel comfortable popping into a random church that you're passing, or joining the queue at a retreat or Catholic conference, and this way you can experience a wide range of different priests. All priests are different, and though the Sacrament of Confession will be absolutely the same each time, the advice, insight, intuition and penance will be different depending on who you see. This can be really interesting and helpful! Different priests will be able to pinpoint different things, and assure you of God's mercy in ways that you had never thought of before. Don't be afraid of an impromptu Confession with a different priest!

5. You Gain a Working Understanding of God's Mercy

Regular Confession is not intended to make you scrupulous. Rather, when you go to Confession and repeat the same sins again and again, you see that God's mercy is ever fresh, ever new, and always abundant. He is always patient with us.

6. You Become More Patient with Yourself

A priest once told me, "Don't worry about repeating the same sins again and again in Confession – be grateful that there are no new sins to add!" Confession helps us realize what our failings are, and that often, "if it weren't those particular sins, it would be something else." Knowing our sins is always a grace. When we know them, we can ask God to come in and triumph over them. We can be patient, knowing that, in good time, God will heal our wounds.

7. Deep Personal Wounds Start to Heal and Acts of Grace Abound

God always honors someone who persistently and patiently offers up their failings to Him and humbly asks for help. Confession is like cleaning and redressing a wound. The wound may not heal immediately, but it is never going to heal at all if it is not regularly cleaned and carefully redressed. Over time, the repeated cleaning and care for the wound eventually heals it. For years, I mentioned my poor drinking habits in Confession nearly every time I went. I was at a loss to know how to fix my addiction. But I knew I had to mention it each time. Eventually, I was given an amazing moment of grace and I haven't touched alcohol again. The next time I went to Confession I was stunned. I didn't need to mention it! Looking back, I could see how God had worked with me and through me, even when I was in despair at ever being healed.

8. Your Personal Relationship with Jesus Grows

Only a sinner needs a savior. The more we recognize our sin, the more we realize we need a Savior, and the more we need a Savior, the more personal our relationship with Jesus becomes. Confession is a Sacrament, there are few ways that we can meet Jesus more personally than in Confession – and the Eucharist, of course! Christ comes into our soul, sees that we are suffering, acknowledges our humility and sorrow, takes us by the hand, picks us up, dusts us down, and sets us on our feet again "with dignity."

9. Your Reception of the Eucharist is Clarified

The purer the state of our souls, the more we can see clearly. Regular Confession means we are in a better state of grace to receive the Eucharist and can more lovingly, carefully, and reverently welcome Jesus into our hearts, and be far more receptive to His voice in our lives. In knowing His mercy on a regular basis, we grow in love for Him and gratitude for the Institution of the Eucharist which He left us with.

10. You Start to Seek Integrity in All You Do (i.e Life Isn't About Just "Not Sinning")

When you commit to regular Confession, you start to see habits and attitudes which lead to sin. Light gets into the dark places that you'd prefer to stay hidden, but that isn't as scary as it sounds. You start to really want to live your life with integrity in all things, and you see that Confession – and life – isn't about simply "not sinning." It is about living alongside Jesus, so that His heart directs your heart, and all your actions orientate themselves to Him. We find peace when our lives are centered on Him, not on ourselves. That doesn't mean "thinking less of ourselves," but, rather, thinking of ourselves less, and Him more.

11. You Want to Go Back!

When you've committed to regular Confession, you start to notice if you haven't been in a long time. This may not be in any dramatic way, but you might start to notice a dragging feeling, a heaviness of heart, or a sense that things need putting back to rights. Confession is never easy to go to, it's often not a pleasant prospect until it's over, it is hard to do. But regular Confession does make the process easier. It means we are more likely to run into the loving arms of a forgiving Father when we know we've messed up, and it takes away the annual fear-factor of going. We realize how precious a sacrament Confession is, and that we should never take it, or our priests, for granted.

Examination of Conscience

1. "You shall love the Lord, your God, with all your heart, with all your soul, and with all your mind."

·Do I strive to have a personal love relationship with God?

Does God truly hold the first place in my life?
Do I "compartmentalize" God in my life? Am I a
Christian on Sundays but something else during the

Where your treasure is, there will your heart be also (Lk 12:34). Do I place undue value & time on gaining & possessing those things the world considers important? Am I materialistic in my attitude & outlook in regard to money?

·Have I participated in the occult, witchcraft, fortune telling, ouija boards, seances, tarot cards, good luck charms? Have I actually believed in horoscopes? ·Have I received Communion in a state of mortal sin?

·Have I told a lie in Confession or deliberately withheld confessing a mortal sin?

Have I ever denied a truth of the Catholic faith out of embarrassment?

Have I ever despaired of God's love for me?
 Have I sinned presuming that God would forgive me afterwards?

·Do I seek to be with God in prayer regularly?

2. You shall not take the name of the Lord your God in vain.

·Have I insulted God's holy name or used it lightly or carelessly?

·Have I wished evil on anyone?

3. Remember to keep holy the Lord's Day.

·Have I missed Mass deliberately on Sundays or Holy Days of obligation?
·Do I show God indifference by not taking Mass seriously? Do I leave early or come late deliberately

seriously? Do I leave early or come late deliberat or without good reason?
The sabbath is a day of solemn rest, holy to the Lord (cf. Ex. 31:15). Have I avoided unnecessary work on Sundays?

4. Honor your father and your mother.

Do I honor and obey my parents? Have I cursed at my parents or harmed them in any way?
Do I honor and obey my legitimate superiors?
Have I neglected my family responsibilities?

You shall not kill.

Have I deliberately hurt anyone?

Have I had an abortion? Have I encouraged or assisted anyone in any way to have an abortion? Have I abused drugs or alcohol?

 Do I have unresolved issues of hatred, anger or resentment? Bring this to the priest to "talk through it."

Have I given scandal to anyone by my sins, thereby leading them to sin?

·Have I attempted suicide or seriously considered it?

6. You shall not commit adultery.

(For married persons...) Am I faithful to marriage vows in thought and action?

Was I married outside of the Church without proper permission of the Church? (ask the priest if you are not sure)

Have I used artificial birth control, or been sterilized? (for more information see *)

(For those not married...) Have I been sexually active with anyone – male or female?

Have I engaged in any activity with the intention of

becoming sexually aroused or sexually active, such as impure touching or overly passionate kissing?

Have I masturbated?

Have I indulged in pornographic magazines, videos or internet websites?

Have I used impure language or told impure jokes?

You shall not steal.

·Am I modest in dress?

Have I taken what is not mine? Destroyed property belonging to someone else? Knowingly accepted stolen goods?

Jesus teaches us to have a special love for the poor. Have I neglected those in need or ignored the poor? Am I generous with the material possessions I have?

·Have I cheated?

·Have I stolen anything from an employer or employee?

Have I illegally copied CD's or computer software?

8. You shall not bear false witness against your neighbor.

·Have I lied or sworn falsely?

·Have I gossiped or ruined anyone's good name? ·Have I revealed information about anyone that should have been kept confidential?

You shall not desire your neighbor's wife.

Have I deliberately and consciously permitted sexual thoughts about someone to whom I am not married? Do I try to control my imagination?

Am I responsible in the books I read and the movies I watch? Have I watched shows, videos, plays, or movies that contain impure scenes with the deliberate intention of watching those impure scenes?

You shall not desire your neighbor's goods.

·Am I envious of the possessions, talents, and successes of others?

·Have I acted out of jealousy of someone's gifts or talents?

You shall love your neighbor as yourself.

Do I love my neighbor? Are there persons who I do not love or refuse to love? Have I ridiculed or humiliated others? Am I prejudiced?

Do I seek to help and assist others in need – especially the poor that live around me?

Do I seriously try to love others as Jesus wants?

Do I forgive from my heart those who have hurt me? Do I pray for my enemies?

Do I love myself as God loves me? Do I care for my physical, emotional and spiritual health?

Precepts of the Church

·Do I go to Confession at least once a year when I have serious sins to confess?

·Do I receive Holy Communion at least once during Easter time? Do I fast for one hour before receiving communion?

 Do I abstain from meat on Fridays during Lent (for those 14 and over) and fast on one meal on Ash Wednesday and Good Friday (for those 16-59)?

(*) - for more information about new medically proven alternatives to contraception contact One More Soul (800)307-7685 or the Couple to Couple League (513)471-2000

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http://www.stgertrude.org http://www.op-stjoseph.org

EXAMINATION OF CONSCIENCE

Preparing for Reconciliation

Confession (or "Reconciliation") is the Sacrament where you meet the Risen Jesus, who gave the Apostles — the first priests — the power to forgive sins in his name (Jn.20:23). First, ask the Holy Spirit to come into your heart to give you knowledge of your sins and courage to bring them to our Lord. He loves you, and deeply desires for you to come to him in humility so that he can free you of the burden of sin in your life — that which is weighing you down. Reconciliation gives you the joy and consolation of God's love; it strengthens your relationship with Jesus Christ and his Church.

Prayer to Our Lady Before Confession:

Mary, Mother of Jesus, your words in Scripture are:
"Do whatever he tells you."
Help me always strive to please your Son.

Facing sin in my Life

The world in which we live has lost its sense of sin. That which is evil is sometimes held to be something "good." Sin can have the power in our lives to blind us from seeing reality. If we examine our hearts, and ask the Holy Spirit to guide us, we begin to see ourselves as God sees us, and we recognize our need for forgiveness.

The Lord has a plan for your life. He has destined you for heaven! He has already moved you to look at this pamphlet! Take confidence then, when you examine your conscience, because God has sent his Son, Jesus Christ, to bring you back to Himself and to know His love and mercy.

Sin is the deliberate choice of something opposed to God's law of love in one's thoughts, words or deeds. God loves us and desires our holiness. He wants to give Himself to us...but we say "no" to Him through our sins. Sin is its own worst punishment. There are two kinds of sin: mortal and venial. Mortal (or serious) sin destroys love. It turns one away from

God and community. It is a grave violation of God's Law. In order for a sin to be serious, the sinful act must be serious; the person had to have understood that it was seriously wrong; and the person had to have been free in committing the sin. So I cannot commit a serious (mortal) sin if the matter is not serious, if I did not know what I was doing, or if I did not act in full freedom. **Venial** sin is a minor offense against God that hurts our friendship with Him but does not destroy it.

When we go to **Confession**, the Lord strengthens us in our weakness, and our hearts are opened to receive the grace & mercy God desires to give us. Regular (or at least monthly) confession is an effective means in growing closer to Jesus Christ. Each time we celebrate this sacrament, we come to know more intensely what it means when St. Paul tells us we are "dead to sin and alive to God is Christ Jesus" (cf. Rom. 6:11).

Sorrow for Sin

We need to be sorry for our sins, yet confident in God's loving mercy when receiving the Sacrament of Reconciliation. This sorrow should include the resolve to avoid the sins committed as well as the persons, places and things that lead us to sin in the first place. If you know you have sinned but you lack sincere sorrow, consider the sufferings Jesus endured out of love for you. If you don't understand why something is actually sinful, ask the priest and he will help you.

Act of Contrition

"My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy."

How to go to Confession

- A) Examine your conscience using this guide and call upon the Holy Spirit, be truly sorry for your sins, and resolve to change your life.
- B) Go to the priest, make the sign of the cross saying, "In the name of the Father and of the Son and of the Holy Spirit.

 Amen." It is then customary to tell the priest how long it has been since your last confession. The priest may respond by welcoming you. (it is helpful to then tell the priest your "state in life" e.g. single, married, teenager, etc.).
- C) Tell the priest about your sins. Tell him how you have sinned, and how often it happened. If you are not sure whether something is a sin, ask the priest. Tell him about your serious sins. It is also good to confess any of your less serious (venial) sins.
- D) Listen to the priest. He may offer you a verse from Scripture. If you have any questions about the Faith, how to grow in holiness, or whether something is a sin, feel free to ask him. The priest will then give you a penance, which is the first act of your "new life" after the Sacrament of Reconciliation.
- E) Pray an act of contrition. Try to tell God "from your heart" that you are sorry and that you intend to sin no more (see sample "Act of Contrition" or you can make this prayer in your own words).
- F) Listen as the priest absolves you of your sins and enjoy the fact that God has truly freed you from all your sins.
- **G)** Do the penance the priest gives you. God's mercy does endure forever! Thank Him for what He has done for you.

If you are not sure of what to do, tell the priest and he will make it easier for you.

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- Romans 8:28



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